

# GO SEVEN

*Ria Vos (Novembre 2011)*

Danse en ligne Débutant 32 comptes 4 murs

Musique: **Seven Lonely Days / Bouke**

Départ: Intro de 24 comptes

Description des pas fournie – CooperKnob Stepsheets  
(Version en anglais seulement)



## Comptes   Description des pas

### **1-8      R Heel Grind, Fwd, Coaster Step, L Rock Fwd, Shuffle ½ Turn L**

- 1-2      Grind R heel Fwd, Recover on L
- 3&4      Step Back on Ro, Step L next to R, step Fwd on R
- 5-6      Rock Fwd on L, Recover on R
- 7&8      Shuffle ½ Turn Left Stepping L, R, L (6:00)

### **9-16     R Heel Grind Fwd, Coaster Step, Point Fwd, Point Side, & Side Point, Hitch**

- 1-2      Grind R Heel Fwd, Recover on L
- 3&4      Step back on R, Step L next to R, step Fwd on R
- 5-6      L Point Fwd, L Point to Left Side
- &7-8     Step L next to R, Point R to Right Side, Hitch R

### **17-24    Chasse R, Rock Back, Side, Hold/Clap & Side, Hold/Clap**

- 1&2      Step R to Right Side, Step L next to R, Step R to Right Side
- 3-4      Rock Back on L, Recover on R
- 5-6      Step L to Left side, Hold/Clap
- &7-8     Step R next to L, Step L to Left side, Hold/Clap

### **25-32    Jazz Box ¼ Turn R, Point, Step Fwd, Point, Step Fwd**

- 1-2      Cross R over L, Step back on L ¼ Turn Right (9:00)
- 3-4      Step R to Right side, Cross L over R
- 5-6      Point R to Right Side, Step Fwd on R
- 7-8      Point L to Left Side, Step Fwd on L